

# Make a Cake

## family lessons

*Teaching Objective:* To help each family member know how to make a cake from scratch using food storage items.

### *Items Needed:*

- Items needed for cake (see recipe)

### *Lesson Outline/Activity :*

- Talk about the importance of learning to do things together. Explain that you would like to make a cake using some of your food storage items.
- Show them the recipe for a cake you would like to make. If you don't have one in mind, [click here](#).
- Liken the ingredients found in the cake to members of your family. (for example – Mom = sugar, Dad = flour, Daughter = egg, Son=Baking Soda)
- Let your family know that if a single ingredient was left out of the cake, then it would not turn out. Just like if a member of your family was not there, you family would not be the same.
- Finish making the cake, and put it in the oven.

### *Suggested Activity/Game:*

- While your cake is baking, express gratitude for one another. Have each member of the family take a turn and say what they appreciate about every member in the family.
- Relate how all the ingredients in the cake stick together. Discuss how your family can better “stick together.”

## Recommended Treat:

Eat the cake you made with your family. Serve it with whip cream or ice cream.

## Optional Religious Application:

Opening Prayer:

Song: [Families Can Be Together Forever](#) #300 in LDS Hymnal

Gospel Application:

- Talk about ways Heavenly Father has blessed your family.
- What are some spiritual things your family can do to be closer (prayer, studying the scriptures etc.) [Psalms 133: 1](#)
- How can you express appreciation for members of your family?

Story: [Work- A Joy and A Blessing](#)

Closing Prayer:

## More Information

Additional Activities

- Take time to write "thank you notes" to each member in your own family.
- Look for ways to help your family members throughout the week
- Make a special craft/ card for Grandma & Grandpa

Resources

- <http://familyfun.go.com/>