

Tying Knots

family lessons

Teaching Objective: To help each family member know how to tie a few basic knots.

Items Needed:

- Several pieces of rope
- Access to the computer

Lesson Outline:

- Tell your family the importance of knowing how to tie knots, especially in times of emergency.
- Discuss why you would need to know how to tie a knot (tent while camping, fishing pole, climbing, shoes, securing a load etc...)
- Visit different websites that teach you how different knots are made (please see resources for ideas.) Follow onto the activity.

Suggested Activity/Game:

- As a family, choose two new knots you would like to learn. For a list of knots, [click here](#).
- Work together, and have everyone tie the knots using rope.

Recommended Treat:

Licorice – Have each family member try to recreate the knot they learned using licorice!

Optional Religious Application:

Opening Prayer:

Song: [Teach Me to Walk in the Light](#) (LDS Children's Hymn Book #177)

Gospel Application:

- How can you liken your family to the rope? How can your family have better unity? [Mosiah 18:21](#)
- Read the story below – how can we show more kindness and love to members in our family?
- Why is it important to Heavenly Father for us to be prepared?

Story: [Jill the Jump Rope Genius](#)

Closing Prayer:

More Information

Additional Activities

- Go camping as a family; try using the knots that you learned.
- Go fishing – again- use only the new knots you learned.
- Draw a diagram of the new knots so that you will not forget them.
- A rope is made up of smaller parts that are braided or woven together to make it stronger. Alone the individual pieces are weak but together they are strong. How can you relate this to your family?

Resources

- <http://www.troop7.org/Knots/>
- <http://climbing.about.com/od/climbingknots/a/6ClimbingKnots.htm>
- <http://www.troop127.org/knots.htm>