

# Growing Changes

**just for kids**

## Teaching Objective:

To help children understand the different changes that occur when growing a plant.

## Items Needed:

- Seeds
- Soil
- Yogurt cup
- Water
- Paper
- Crayons

## Activity Description:

1. Buy materials needed for the activity.
2. Plant your seed. Use your yogurt cup, soil, and seed. Follow directions as outlined by the seed manufacturer.
3. Over the next two weeks, let your child observe any changes that occur in the soil. As the changes occur, have your child draw a diagram on a piece of paper. Date the piece of paper. Keep the drawings in a folder.
4. At the end of two weeks, look at the different drawings your child has done.
5. Ask your child some the of following questions:
  - How has your plant changed over the last two weeks?
  - What do you think your plant needed in order to grow?
  - Why it is important to water plants?
  - What was your favorite part of this activity?
  - What have you learned?

### Variations –

- 1- Try growing two plants – one in the sun, one in the dark. Are they any different?
- 2- Using two plants, give different amounts of water to each plant. What was the outcome?